



Grant County Health Department

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For Immediate Release-There is Still Time to Get the Flu Shot

The Grant County Health Department encourages those that have not gotten their flu shot yet to do so at this time. Grant County Health Department Director/Health Officer, Jeff Kindrai says "Make it your new year's resolution to protect you and your family against influenza with the best protection available: an annual flu shot". He comments that while this flu season has been relatively mild so far, the peak of the flu season typically comes in late January, February, or early March. Since it only takes a couple of weeks to build immunity after the shot there is still time to protect yourself and your family.

This year the vaccine includes both the H1N1 and H3N2 strains as well as a B/Brisbane strain. Vaccination is recommended for all persons aged ≥ 6 months unless there is a medical reason why vaccination is not recommended such as an allergy to one of the vaccine components.

Grant County Health Department still has free flu vaccine available for children and a supply of adult vaccine available for \$27 a dose.

For further information and clinic schedules, please contact the Grant County Health Department at (608) 723-6416 or visit www.co.grant.wi.gov.